



# IMPORTANT INFO SUMMER 2023





# CAMP RUACH OPEN HOUSE!

**WOW!**

SEE YOUR  
FRIENDS!

SUNDAY  
JUNE 18  
10:00 AM-  
12:00 PM

MEET YOUR  
COUNSELORS!!

KONA ICE  
TRUCK!!

GET YOUR  
CAMP T-  
SHIRT!!

FACE PAINTING  
&  
BALLOON  
ANIMALS!!

AT KATZ  
HILLEL DAY  
SCHOOL



# Camp Divisions



Camp Ruach has 3 divisions. The campers are divided by grade they are entering and by their gender.

## **Camp Director**

Cara Beim

## **Early Childhood Division Head, EC2-K**

Mrs. Elizabeth Austein

## **Girls Division Head, 1st-6th**

Mrs. Amy Horowitz

## **Boys Division Head, 1st-6th**

Rabbi Chaim Lanner

The early childhood has all of their daily activities and specialties on campus.

Boys and girls in the older divisions will go on a field trips every week and will also have special activities on campus.

# Camp Ruach Important Info

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## **Camp Dates:**

June 19th-August 3rd

No camp July 4th or July 27th for Tisha B'av

## **Camp address:**

21011 95th Ave South  
Boca Raton FL

## **Contact Info:**

561-372-7961

[Campruach@hilleldayschool.org](mailto:Campruach@hilleldayschool.org)

## **Camp Hours:**

8:30 AM-3:45 PM

Carpool is over at 3:55 PM. If your child is not picked up by 3:55 PM, you will be charged \$15.

Before the start of camp, every camper must have the following submitted in order to attend!

1. Updated/current FLORIDA medical forms
2. All camp fees paid
3. All profile/Medical info completed online





### **Campus Decals:**

We are so lucky to be on the Jewish Federation campus and to have excellent security for our campers and staff. You will need a decal for your car in order to enter the Jewish Federation campus and Camp Ruach, or you must stop at the guard gate and present a valid ID.

**If you already have a decal from this current school year, you do not need another one.**

Please use this link to fill out the form:

[www.Securedecal.com](http://www.Securedecal.com)

Along with the form you must submit the following:

The cost is \$10 per decal (payable via cash or FACTS).

This charge is determined by our Federation security.

Decals will only be given to parents, grandparents, and adult siblings.

Please keep us informed if your license plate changes.

Please return your decal in order to have it replaced. Please remember to remove your decal if you are returning a leased car.

**Please be aware that your current street address must reflect on both your driver's license and that which is written on the form.**



## Hot Lunch

We are excited to share that we will be offering a hot lunch pizza option, for Mondays and Fridays.

The price will be \$6.00 per meal, per child.  
Price includes 2 slices of pizza and side salad.

Even if you purchase the hot lunch option,  
please pack extra snacks and a refillable water bottle every day!

**DEADLINE TO SIGN UP FOR HOT LUNCH IS JUNE 15TH**

## Aftercare

We have the option for extended care Monday-Thursday.

Aftercare runs from 3:50-5:00.

The fee is \$50 per week, per child.

You must sign up for an entire

As with regular carpool dismissal, if you arrive after 5:00  
there will be a late fee of \$15 per child.

**PLEASE GO THE NEXT PAGE FOR SIGN UP INSTRUCTIONS**



# TO ORDER HOT LUNCH OR TO SIGN UP FOR AFTERCARE PLEASE FOLLOW THE DIRECTIONS BELOW:

Here are the steps to add an add-on to a registration:

Log in to your Camp Doc Account

[www.app.campdoc.com](http://www.app.campdoc.com)

If you have already registered for a session and did not purchase an add-on, you can still return to your account and purchase it.

To purchase an add-on after you have registered:

In the participant's profile, click Registration.

Click the name of the session for which you want to purchase the add-on.

Check the box(es) to select the add-on(s) you want.

Click the ADD button.

The screenshot displays the Camp Doc web application interface. At the top, a user profile for James Alvarez is shown with a sidebar menu containing links like Registration, Health Profile, Account, Protection Plan, CampGrams, Emergency Plan, and Custom Links. The 'Registration' link is highlighted. Below the profile, a 'Welcome to Camp Arbor' message is visible. A modal window titled 'Registration' is open, displaying instructions to contact Elaine Brudigglio for session questions. It lists 'Upcoming Registrations' with a table showing a session for 'Forester' from May 1, 2019, to Aug 31, 2019. The 'Forester' session details are expanded, showing session contact information for Susie Anderson (susieanderson@email.com, 734-555-1000) and a 'SUBMIT CANCELLATION REQUEST' button. Under the 'Add-Ons' section, there is a 'Sign Up for Add-Ons' area with a list of items: Horse Back Riding Class (\$0.00), T-shirt (Pick One) with options Large (\$15.00), Medium (\$15.00) (selected), Small (\$15.00), and X-Large (\$15.00); Magnet (\$2.50) with a quantity of 1; Camp Photo (\$10.00); Camp Store Snack Money (\$10.00) (selected) with a quantity of 1; and Camp Calendar (\$15.00). A red arrow points to the 'ADD' button at the bottom right of the add-on list.

**James Alvarez**  
Oct 24, 2007 • Male [EDIT](#) [MANAGE USERS](#)

Welcome to Camp Arbor; we're excited to see you this summer on the shores of Lake Wappapello!

[Registration](#)

**Registration**  
Please contact [Elaine Brudigglio](#) for questions about the activities we provide in each session.

Registrations for James are listed below. You may select a registration to view additional details, including camp contact information. You may also select additional add-ons.

**Upcoming Registrations**

Camper	Session	May 1, 2019 - Aug 31, 2019
Forester	May 1, 2019 - Aug 31, 2019	<a href="#">SESSION</a>

**Forester** May 1, 2019 - Aug 31, 2019

**Session Contact**  
Susie Anderson  
susieanderson@email.com  
734-555-1000

If available, you may register for additional add-ons for Forester below. If you wish to cancel this session, you may submit a cancellation request to Camp Arbor.

[SUBMIT CANCELLATION REQUEST](#)

**Add-Ons**

**Sign Up for Add-Ons**

<input type="checkbox"/> Horse Back Riding Class	\$0.00
<b>T-shirt (Pick One)</b>	
<input type="checkbox"/> Large (\$15.00)	
<input checked="" type="checkbox"/> Medium (\$15.00)	
<input type="checkbox"/> Small (\$15.00)	
<input type="checkbox"/> X-Large (\$15.00)	
<input type="checkbox"/> Magnet	1 x \$2.50
<input type="checkbox"/> Camp Photo	\$10.00
<input checked="" type="checkbox"/> Camp Store Snack Money	1 x \$10.00
<input type="checkbox"/> Camp Calendar	\$15.00

[ADD](#)

[BACK](#)

# Supply List

**LABEL  
EVERYTHING!**

## **Early Childhood:**

### Campers going into **EC2**

#### **TO LEAVE AT CAMP:**

- 1 complete change of clothes including shorts/dress, shirt, underwear, socks and shoes (all items clearly labeled)
- Sunscreen SPF 45 or higher
- 2 packages of diapers
- 2 boxes of wipes
- 1 box of flushable wipes (toilet trained students only)
- 1 lightweight blanket and sheet
- Extra Kippa & clips (not bobby pins) for boys and scrunchies/ponies for girls
- Hat/Cap
- Any ointment your child needs-labeled with their name
- **Camp Tee Shirts** should be worn on **Fridays**

#### **TO BRING DAILY:**

- Backpack
- Water bottle or sippy cup
- Lunchbox with a lunch daily. Pack an extra snack for the afternoon.
- Full change of clothes, including socks and sneakers.
- Towel

**EC2 should come to camp already in their bathing suit, water shoes and sunscreen already applied at home.**

### Campers going into **EC3, EC4 & KINDERGARTEN**

#### **TO LEAVE AT CAMP:**

- **EC3-** 1 lightweight blanket and sheet
- 1 complete change of clothes in a ziplock bag
- Sunscreen SPF 45 or higher
- 1 box of flushable wipes
- Extra Kippa & clips (not bobby pins) for boys and scrunchies/ponies for girls
- Hat/Cap
- **Camp Tee Shirts** should be worn on **Fridays**

#### **TO BRING DAILY:**

- Backpack
- Refillable water bottle
- Water shoes
- Towel
- Full change of clothes, including socks.
- Lunchbox with lunch daily. Please send an extra snack for the afternoon.



**EC3, EC4, K should come to camp already in their bathing suit with sunscreen already applied at home, socks and sneakers. Pack water shoes in their backpack daily or leave them at camp.**





**LABEL  
EVERYTHING!**

# Supply List

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## **Older Divisions**

### **Boys & Girls going into 1st-6th**

#### **ITEMS TO STAY AT CAMP:**

- Water Bottle
- Sunscreen
- Hat/Scrunchies

#### **TO BRING DAILY:**

- Backpack
- Lunchbox with lunch daily, plus a morning and an afternoon snack.
- Bathing suit, towel and water shoes for swim and a full change of dry clothes to change.

#### **• NO SWIM ON TRIP DAYS**

- Sneakers are a must in order to play sports or to participate fully in activities. Water shoes/sandals/slides are for water activities only.
- **Camp Tee Shirts** must be worn for ALL field trips
- 1 Morning and 1 Afternoon snack

**We are a NUT SENSITIVE school, please do not send any food items that say  
"contains nuts or may contain nuts"**

#### **DRESS CODE:**

##### **• Girls:**

- Should wear a skirt for Davening and Learning every morning.
- Shorts for sports are acceptable as long as they are to the knee. No short shorts or cut-offs.
- **In order for campers to participate in activities, they must wear sneakers. No slides/flip flops/crocs.**

##### **• Boys:**

- Should wear tzitzit for Davening and Learning every morning.
- A kippah or a hat must be worn during camp.
- **In order for campers to participate in activities, they must wear sneakers. No slides/flip flops/crocs.**

**No tank tops or short shorts for boys or girls**

# CARPOOL

Carpool dropoff and pickup will be divided into two locations. Drop off will begin at 8:30 am and will conclude by 8:50 am. Dismissal will begin at 3:35 pm and conclude by 3:55pm.

**If you arrive after 3:55 pm you are considered late and will be charged \$15 (per child).**

**BLUE LINE: If your youngest child is in EC2, EC3, EC4**

**GREEN LINE: If your youngest child is in Kindergarten and up**

**Please print either the BLUE or GREEN form depending on the age of your youngest child.**

**You can find these on the buttons below.**

**Fill in your families LAST NAME and place it on the dashboard of your car in front of the passenger seat.**

## MORNING DROP OFF PROCEDURE

**Blue Line (8:30 am)** -Early Childhood Carpool Line

- Cars will enter through the North gate and pull around the EC circle all the way up to the orange cone in **ONE** lane.
- You can exit your car to help unbuckle your child.
- Carpool is not the time for applying sunscreen, brushing hair, or packing backpacks.
- Your child must be ready to exit the car with everything they need when you pull up to the carpool line.
- If you need more time to say goodbye to your child, you will be asked to park in a parking spot and then you will be able to walk your child to their bunk.
- A staff member will come to your car, welcome your child and take them to their bunk.
- Do NOT pull out of the carpool line until directed to do so.
- Exit back out of the North Gate.

**Green Line (8:30 am)** -Main Carpool Line-in front of the Cafeteria

- Cars will enter through the South gate and pull around the EC circle all the way up to the orange cone in **ONE** lane.
- You can exit your car to help unbuckle your child.
- Carpool is not the time for applying sunscreen, brushing hair, or packing backpacks.
- Your child must be ready to exit the car with everything they need when you pull up to the carpool line.
- If you need more time to say goodbye to your child, you will be asked to park in a parking spot and then you will be able to walk your child to their bunk.
- A staff member will come to your car, welcome your child and take them to their bunk.
- Do NOT pull out of the carpool line until directed to do so.
- Exit back out of the South Gate.



# AFTERNOON DISMISSAL PROCEDURE



## **Blue Line (3:30 p.m.) Dismissal-** Early Childhood Carpool Line

- Cars will be allowed to line up as early as 3:15pm.
- Cars will enter through the North gate and pull around the EC circle all the way up to the orange cones in TWO lanes.
- **DO NOT LEAVE YOUR CAR UNATTENDED AT ANY TIME!**
- A staff member will walk your child to your car, staff cannot buckle in any children
- Do NOT pull out until the security officer at the front of the line has released you and the rest of the first group of cars.
- Exit back out of the North Gate.

## **Green Line (3:30 p.m.) Dismissal-** Cafeteria Carpool Line

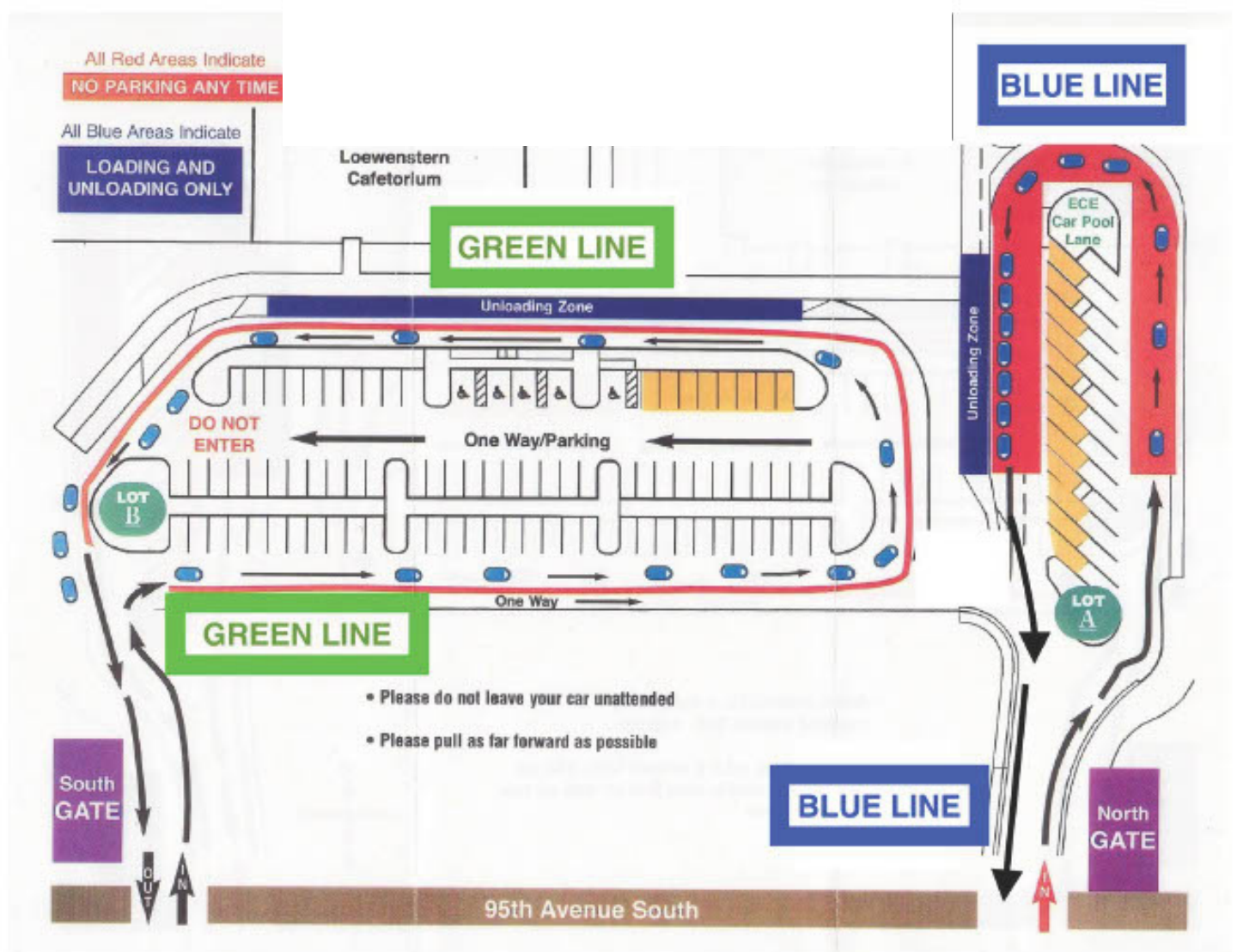
- Cars will be allowed to line up as early as 3:15pm. Gate will be locked until that time.
- Cars will enter through the South gate ONLY and pull in front of the cafeteria all the way up to the orange cones in TWO lanes.
- You will see the North Gate open for the Early Childhood (Blue) line-DO NOT ENTER THERE. Continue on until the South Gate.
- **DO NOT LEAVE YOUR CAR UNATTENDED AT ANY TIME!**
- A staff member will walk your child to your car, staff cannot buckle in any children
- Do NOT pull out until the staff member has released you and the rest of the first group of cars.
- Exit back out of the South Gate.

**SAFETY IS OUR #1 PRIORITY.**

PLEASE BE PATIENT IF YOUR CHILD  
DOES NOT COME OUT RIGHT AWAY.

IF YOU ARE IN A RUSH FOR AN APPOINTMENT, PARK IN A SPOT AND  
WALK IN TO PICK THEM UP.

# Camp Ruach Carpool Map





**Your youngest child is in EC2, EC3, EC4**



**BLUE  
LINE**

**Family Name:** .....

Your youngest child is in Kindergarten and up



**GREEN  
LINE**

**Family Name:** .....

# SNACKS & FOOD

## Early Childhood campers: EC2-K

Camp Ruach will provide a morning snack of cereal and milk every day. We ask parents to send a separate snack from home for the afternoon.

## 1st-6th Campers:

Please send in a morning snack **and** an afternoon snack.

All campers will receive an ice pop every afternoon right before carpool

## ALLERGIES

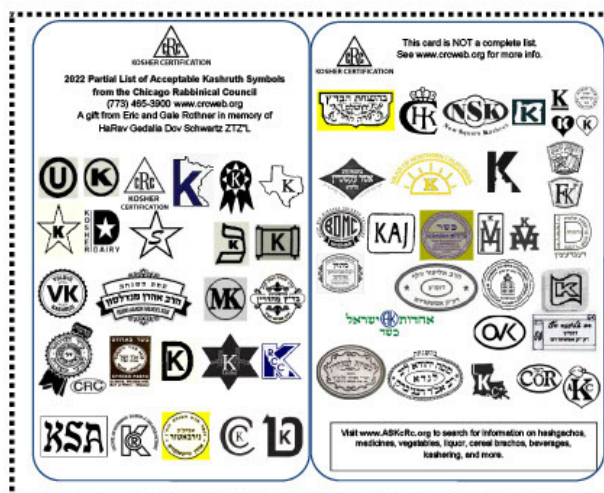
### WE ARE A NUT SENSITIVE FACILITY

Please remember we have campers with allergies, do not send in any food or snack items that say "may contain nuts" or "contains nuts". If a snack or food item contains nuts we will wrap it up and send it back home.

## KASHRUT

All food that is sent into school must have an appropriate Hashgacha. Any food sent in that does not have a recognized/valid Hashgacha will be sent back home without your child being able to eat it.

An excellent resource is the CRC website. The image below is from the CRC of the most common acceptable certifications. Please see their website for the full list.



## BIRTHDAY PARTIES

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We love having birthday parties at Camp Ruach!  
If you want to bring in a treat for your child and their bunk,  
you are free to do so.

Please reach out to your child's division head to arrange a day  
and time that is convenient for the bunk.

Anything brought in must be Kosher and Pareve.  
Nothing that is made from home will be permitted to be served.  
The cakes and cupcakes from Winn Dixie are always a  
crowd pleaser.

## TRIP DAYS

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Please check the Camp Ruach calendar to see all of the amazing  
trips that we have planned for this summer.

There are some weeks where trips have been divided into two  
separate trips for Boys and Girls and some trips the boys and  
girls division goes together.

**On every trip day, campers must wear  
their Camp Ruach T-shirt!**

**If your child does not have a camp shirt  
on a trip day, we can give your child one  
and we will bill your account \$10.**

### **Lunch on Trip Days:**

Pack a lunch for your child in a ziploc bag,  
clearly labeled with their first and last name.  
Everything must be disposable!



# CAMP RUACH 2023

1ST-6TH DIVISION BOYS & GIRLS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

JUNE 19

FIRST DAY OF  
CAMP!!

20



21



22

SILENT DJ



23

שבת  
שלום



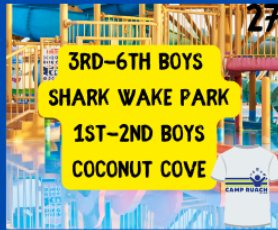
26

WATERSLIDE  
DAY!



27

3RD-6TH BOYS  
SHARK WAKE PARK  
1ST-2ND BOYS  
COCONUT COVE



28



29

4TH & 5TH GIRLS  
SHARK WAKE PARK  
1ST-3RD GIRLS  
COCONUT COVE



30

שבת  
שלום



JULY 3

WEAR  
RED, WHITE AND  
BLUE!!



4



5



6

CAMP RUACH OLYMPICS



7

שבת  
שלום



10



11



12

LASER TAG



13



14

שבת  
שלום



17

ICE CREAM  
DAY



18



19



20



21

שבת  
שלום



24

CHESS  
WEEK!



25



26

FRIENDSHIP DAY!



27



28

שבת  
שלום



31

AVOCADO DAY



AUG 1

FROST  
SCIENCE MUSEUM



2

WATER WARS!!



3

LAST DAY OF  
CAMP  
CARNIVAL!!!



SEE YOU  
NEXT SUMMER!



DAILY ACTIVITIES INCLUDE:  
WATER PLAY, ART, SCIENCE,  
KIDOKINETICS, DANCE, ZUMBA  
PLAYGROUND, PARSHA,  
BAKING, MUSIC AND MOVEMENT!  
PLUS SPECIAL ACTIVITIES!

# CAMP RUACH 2023

## EARLY CHILDHOOD DIVISION



EC DIVISION:  
WEAR YOUR CAMP  
SHIRT  
EVERY FRIDAY!

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

JUNE 19

FIRST DAY OF  
CAMP!!

20



21

MAGIC JACK  
MAGIC SHOW!



22



23



26



27

WATERSLIDE  
DAY!

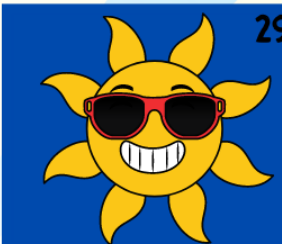


28

PETTING ZOO



29



30



JULY 3

WEAR  
RED, WHITE AND  
BLUE!!



4



NO CAMP

5

JUGGLING SHOW!



6

CAMP RUACH OLYMPICS



7



10

RUACH'S TOP CHEF



11



12

COLOR ZONE  
PLASTER CRAFT



13



14



17

ICE CREAM  
DAY



18



19

BUBBLE SHOW



20



21



24

CHESSD  
WEEK



25



25

FRIENDSHIP DAY!



26



NO CAMP

27



31

AVOCADO DAY



AUG 1

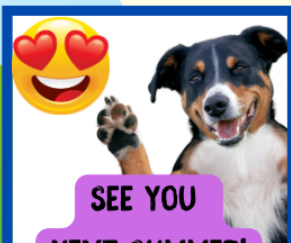


2



3

LAST DAY OF  
CAMP CARNIVAL!



SEE YOU  
NEXT SUMMER!